



Promoting a fun and friendly environment

Contact Details

Kim Manallack

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PARENTS: please note that it is a condition of your child's participation at this dance school that you read and comply with the information contained in this booklet.

Welcome and thank you for choosing Cheer 'N' Dance.

Cheer 'N' Dance is a modern dance school focused on a fun and friendly learning environment that nurtures people of all ages to improve their dance, while making friends and keeping fit. It is a great way to gain confidence and express your self through dancing.

Kim Manallack is currently undertaking a diploma of dance teaching and management, as well as being the Director of the Braves Babes and Braves Junior Cheerleaders.

Whilst Kim is undertaking her dance course, classes will be as follows.

Class information

Tuesday

6:30pm – 7:30pm

“Youth Hip Hop” 14 yrs to 17 yrs

7:30pm – 8:30pm

“Open Hip-Hop” 17 years and over

Thursdays

3:45pm – 4:30pm

“Beginner Hip hop” children 5 yrs to 10 yrs.

4:30pm – 5:30pm

“Junior Hip-hop” children 11 yrs to 13 yrs

5:30pm – 6:30pm

“Junior & Intermediate Cheerleading” From 7 years to 17 years. For students who wish to take their dancing further at the Bendigo Lady Braves home games and other selected local events. This class is considered an extra class and students must also take a hip-hop class.

“Braves Babes Cheerleaders” For students who are interested in performing in public such as Bendigo Braves home games, community events, functions, promotions etc. Entry to this class is by audition or invitation only. It is a fast paced class with a large extra curricular workload and students must be dedicated.

Uniform

Beginner, Junior, Youth and Open hip hop:

Clothing must be a combination of purple, orange, and black. Any practical style of top is acceptable. Jazz pants, leggings, shorts or tracksuit pants are acceptable. All clothing must be dance practical.

Junior, Intermediate, and Braves Babes cheerleaders:

If your child is involved in these classes, you will be advised of the clothing requirements at their first lesson.

Shoes

Beginner, Junior, Youth and Open Hip hop:

Jazz shoes or sneakers. No bare feet.

Appearance

Students should always arrive well groomed. All clothing and shoes to be in clean working order. No dangling jewellery is allowed, for safety reasons.

Rules and Regulations

*Students must arrive no later than 5 minutes before the class's starting time; they are to wait quietly in the waiting area.

*Students are to be respectful and courteous to both teachers and fellow students.

*Students are to respect the property of the dance halls; any malicious damage will be the parent's responsibility.

*No swearing or bad behaviour will be tolerated, and Cheer 'N' Dance reserves the right to refuse offending student participation at the school.

*Parents are asked to please stay in the waiting area until the lesson is complete.

Fees

Terms are 10 weeks in duration. Fees are set as follows and are subject to change.

Hip hop classes: \$9 casual or \$80 per 10 week term. Term fees must be payed in the first week of each term.

Junior and intermediate cheer: \$6 per class.

(Students doing hip hop and cheerleading pay \$15 for the two classes)

Braves babes: See Kim for details.

Please pay fees at the beginning of all classes as it is not fair to the class that follows.

Contact

For all inquiries please contact Kim Manallack on 0421803602 or cheerndance@live.com.au.

*Please do not contact the halls where classes take place, as they are only a hired venue.

*More classes coming soon!